

## BABY BAG OR HAND LUGGAGE CHECKLIST FOR TRAVEL WITH BABY

	Packed to go	Packed to come home
two bunny rugs or muslin wraps	<input type="checkbox"/>	<input type="checkbox"/>
breastfeeding paraphernalia for you (bottled water, nipple cream, nipple shields)	<input type="checkbox"/>	<input type="checkbox"/>
formula bottles of sterilised water and powdered-formula sachets to last trip plus any delay	<input type="checkbox"/>	<input type="checkbox"/>
deodorised plastic bags for dirty nappies, sticky clothes, rubbish	<input type="checkbox"/>	<input type="checkbox"/>
changes of clothes	<input type="checkbox"/>	<input type="checkbox"/>
disposable nappies	<input type="checkbox"/>	<input type="checkbox"/>
baby wipes	<input type="checkbox"/>	<input type="checkbox"/>
nappy-rash cream	<input type="checkbox"/>	<input type="checkbox"/>
extra bootees or socks in case baby's go astray	<input type="checkbox"/>	<input type="checkbox"/>
small first-aid kit (painkiller, insect repellent, rashes and stings ointments, prescriptions, doctor's phone number)	<input type="checkbox"/>	<input type="checkbox"/>
favourite comfort toy(s)	<input type="checkbox"/>	<input type="checkbox"/>
dummies for your handbag and pocket	<input type="checkbox"/>	<input type="checkbox"/>
individual music device	<input type="checkbox"/>	<input type="checkbox"/>
fave baby book or three	<input type="checkbox"/>	<input type="checkbox"/>
tea towel or bib (old or throwaway)	<input type="checkbox"/>	<input type="checkbox"/>
non-perishable or sealed-jar snacks and strong plastic spoons	<input type="checkbox"/>	<input type="checkbox"/>
spillproof water bottle for older baby	<input type="checkbox"/>	<input type="checkbox"/>
baby sunscreen and sunhat and/or warm hat, mittens and jacket	<input type="checkbox"/>	<input type="checkbox"/>
extras _____	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>
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